
 <b>Dance Skills Progression</b>	<b>EYFS</b>	<b>Year 1</b>	<b>Year 2</b>
<b>Actions Skills</b>	Actions: explore how my body moves. Copy basic body actions and rhythms.	Actions: copy, remember and repeat actions to represent a theme. Create my own actions in relation to a theme	Actions: accurately remember, repeat and link actions to express an idea.
<b>Actions knowledge</b>	Actions: understand that I can move my body in different ways to create interesting actions.	Actions: understand that actions can be sequenced to create a dance.	Actions: know that sequencing actions in a particular order will help me to tell the story of my dance.
<b>Dynamics skills</b>	Dynamics: explore actions in response to music and an idea	Dynamics: explore varying speeds to represent an idea.	Dynamics: develop an understanding of dynamics.
<b>Dynamics knowledge</b>	Dynamics: understand that I can change my action to show an idea.	Dynamics: understand that I can create fast and slow actions to show an idea.	Dynamics: understand that I can change the way I perform actions to show an idea.
<b>Space skills</b>	Space: begin to explore pathways and the space around me and in relation to others.	Space: explore pathways within my performance.	Space: develop the use of pathways and travelling actions to include levels.
<b>Space knowledge</b>	Space: know that if I move into space, it will help to keep me and others safe.	Space: understand that there are different directions and pathways within space.	Space: know that I can use different directions, pathways and levels in my dance.
<b>Relationships skills</b>		Relationships: begin to explore actions and pathways with a partner.	Relationships: explore working with a partner using unison, matching and mirroring.
<b>Relationships knowledge</b>		Relationships: understand that when dancing with a partner, it is important to be aware of each other and keep in time.	Relationships: know that using counts of 8 will help me to stay in time with my partner and the music.

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<b>Performance skills</b>	Performance: perform short phrases of movement in front of others.	Performance: perform on my own and with others to an audience.	Performance: develop the use of facial expressions in my performance.
<b>Performance Knowledge</b>	Performance: know that when watching others I sit quietly and clap at the end	Performance: know that standing still at the start and at the end of the dance lets the audience know when I have started and when I have finished	Performance: know that using facial expressions helps to show the mood of my dance.
<b>Strategy knowledge</b>	Strategy: know that if I use lots of space, it helps to make my dance look interesting.	Strategy: know that if I use exaggerated actions, it helps the audience to see them clearly.	Strategy: know that if I practice my dance, my performance will improve.