

 Net & Wall Games Skills & Knowledge Progression	EYFS	Year 1	Year 2
Hitting Skills	Explore hitting a ball with hands and pushing with a racket. Footwork:	Explore hitting a dropped ball with a racket.	Develop hitting a dropped ball over a net.
Hitting Knowledge	Know to point my hand/object at my target when hitting a ball.	Know to use the centre of the racket for control.	Know to watch the ball as it comes towards me to help me to prepare to hit it.
Feeding Skills	Explore sending and tracking a ball with a partner.	Throw a ball over a net to land into the court area.	Accurately underarm throw over a net to a partner.
Feeding Knowledge	Know to look at the target when sending a ball and watch the ball to receive it.	Know to use an underarm throw to feed to a partner.	Know to place enough power on a ball to let it bounce once but not too much so that my partner can't return it.
Rallying Skills	Explore sending and tracking a ball with a partner.	Explore sending a ball with hands and a racket.	Explore underarm rallying with a partner catching after one bounce.
Rallying Knowledge	Know to look at the target when sending a ball and watch the ball to receive it.	know that throwing/hitting to my partner with not too much power will help them to return the ball.	Know that sending the ball towards my partner will help me to keep a rally going.
Footwork Skills	Explore changing direction, running and stopping.	Use the ready position to move towards a ball.	Consistently use the ready position to move towards a ball.
Footwork Knowledge	Know to use big steps to run and small steps to stop.	: know that using a ready position will help me to move in any direction.	Know that using a ready position helps me to react quickly and return/catch a ball.
Tactics Knowledge	Make simple decisions in response to a task.	Know that tactics can help us to be successful when playing games.	Understand that applying simple tactics makes it difficult for my opponent.
Rules Knowledge	Know that rules help us to stay safe	Know that rules help us to play fairly	Know how to score points and follow simple rules