

 Striking & Fielding Games Skills & Knowledge Progression	EYFS	Year 1	Year 2
Striking Skills	Explore sending a ball to a partner.	Explore striking a ball with their hand and equipment.	Develop striking a ball with their hand and equipment with some consistency.
Striking Knowledge	Know to point my hand at my target when striking a ball.	Understand that the harder I strike, the further the ball will travel.	Understand the role of a batter. Know that striking quickly will increase the power.
Fielding Skills	Fielding: explore tracking and stopping a rolling ball.	Develop tracking and retrieving a ball.	Develop tracking a ball and decision making with the ball.
Fielding Knowledge	Know to scoop a ball with two hands.	Know that throwing the ball back is quicker than running with it.	Understand that there are different roles within a fielding team. Know to move towards the ball to collect it to limit a batter's points.
Throwing Skills	Explore rolling, throwing and catching using a variety of equipment.	Explore technique when throwing over and underarm.	Develop co-ordination and technique when throwing over and underarm.
Throwing Knowledge	Know to point my hand at my target when throwing.	Know which type of throw to use to throw over longer distances.	Know that stepping with opposite foot to throwing arm will help me to balance.
Catching Skills	Explore rolling, throwing and catching using a variety of equipment.	Develop co-ordination and technique when catching	Catch with two hands with some co-ordination and technique.
Catching Knowledge	Know to have hands out ready to catch.	Know to watch the ball as it comes towards me.	Know to use wide fingers and pull the ball in to my chest to help me to securely catch.
Tactics Knowledge	Make simple decisions in response to a task.	Know that tactics can help us when playing games.	Understand and apply simple tactics for attack (batting) and defence (fielding).

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Rules Knowledge	Know that rules help us to stay safe	Know that rules help us to play fairly.	Know how to score points and follow simple rules
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